

1. (v1) **Blessed is the one:**
Whose TRANSGRESSIONS are forgiven and whose SINS are COVERED
2. (v2) **Blessed is the one:**
Whose INIQUITIES the LORD does not count against them
and in whose spirit is no deceit.
3. **"Have mercy upon me, O God, according to thy lovingkindness: according unto the multitude of thy tender mercies blot out my TRANSGRESSIONS. ²Wash me thoroughly from mine INIQUITY and cleanse me from my SIN."** Psalm 51:1-2
4. **TRANSGRESSION-** When we step over God's line (His standard)
5. **SIN- Missing the mark** (Aiming for the bullseye)
6. **INIQUITY- Out of balance** (Against His righteousness)
7. (v3a) **When I kept silent** (David's silence resulted in divine discipline and terrible guilt, forcing him to realize that holding onto sin causes total exhaustion.)
8. (3b) **My bones wasted away** (The consequences of shame and guilt can cause sleepless nights, tension headaches, stomach pain and other physical discomforts. Some people are just "ill" at themselves and everyone around them.)
9. (3c) **Through my groaning all day long.** (There is a spiritual agony of hiding unconfessed sin. Many people "beat themselves up" over their poor choices.)
10. (v4a) **For day and night Your hand was heavy on me** (God's loving discipline is not to destroy, but to bring the sinner to the place of repentance. God will not allow believers to sin successfully-His love forces them back to brokenness.)
11. (v4b) **My strength was sapped the heat of summer** (The internal struggle against God's conviction leaves the sinner sapped, burned out, and exhausted.)
- 12.(5a) **Then I acknowledged my sin to You and did not COVER up my iniquity.** (The only way to move from misery to relief is to stop hiding and start confessing.)
13. (5b) **I said, "I will confess my transgressions to the LORD."** (Confession is like bringing a hidden, frozen heart into the light, where it can melt and be restored.)
14. (5c) **And You forgave the guilt of my sin.** (Confession leads to the joy of forgiveness rather than the misery of hypocrisy.)

"Some of the information for this message are from various on-line commentaries."